#### HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use EPHEDRINE SULFATE INJECTION safely and effectively. See full prescribing information for EPHEDRINE SULFATE INJECTION.

#### **EPHEDRINE SULFATE INJECTION, for intravenous use**

Initial U.S. Approval: 2016

#### ---INDICATIONS AND USAGE-

Ephedrine Sulfate Injection is an alpha- and beta- adrenergic agonist and a norepinephrine-releasing agent that is indicated for the treatment of clinically important hypotension occurring in the setting of anesthesia. (1)

## --DOSAGE AND ADMINISTRATION-

- Bolus intravenous injection: 5 mg to 10 mg (equivalent to 3.8 to 7.6 mg ephedrine base) as needed, not to exceed 50 mg. (2)
- Ready-to-Use formulation. Do not dilute.

## -DOSAGE FORMS AND STRENGTHS-

Injection: 5 mg/mL ephedrine sulfate in a 10 mL single-dose prefilled syringe, (50 mg/10 mL, equivalent to 38 mg ephedrine base)

5 mL single-dose prefilled syringe; (25 mg/5 mL, equivalent to 19 mg ephedrine base) (3)

----- CONTRAINDICATIONS-----

None (4)

## ---WARNINGS AND PRECAUTIONS

Pressor Effects with Concomitant Use with Oxytocic Drugs: Pressor effect of sympathomimetic pressor amines is potentiated (5.1)

Tachyphylaxis and Tolerance: Repeated administration of ephedrine may cause tachyphylaxis (5.2)

Kabi USA, LLC at 1-800-551-7176 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Most common adverse reactions during treatment: nausea, vomiting, and tachycardia. (6) To report SUSPECTED ADVERSE REACTIONS, contact Fresenius

-ADVERSE REACTIONS-

-DRUG INTERACTIONS--

Interactions that Augment Pressor Effect: clonidine, oxytocin and

oxytocic drugs, propofol, monoamine oxidase inhibitors (MAOIs), and atropine. Monitor blood pressure. (7)

Interactions that Antagonize the Pressor Effect: Antagonistic effects with  $\alpha$ -adrenergic antagonists,  $\beta$ -adrenergic antagonists, reserpine, quinidine, mephentermine. Monitor blood pressure. (7)

Guanethidine: Ephedrine may inhibit the neuron blockage produced by guanethidine, resulting in loss of antihypertensive effectiveness. Monitor blood pressure and adjust the dosage of pressor accordingly. Rocuronium: Ephedrine may reduce the onset time of neuromuscular

blockade when used for intubation with rocuronium if administered simultaneously with anesthetic induction. Be aware of this potential interaction. No treatment or other interventions are needed. Epidural anesthesia: Ephedrine may decrease the efficacy of epidural

blockade by hastening the regression of sensory analgesia. Monitor and treat the patient according to clinical practice. Theophylline: Concomitant use of ephedrine may increase the

frequency of nausea, nervousness, and insomnia. Monitor patient for worsening symptoms and manage symptoms according to clinical practice. Cardiac glycosides: Giving ephedrine with a cardiac glycoside, such as

digitalis, may increase the possibility of arrhythmias. Carefully monitor patients on cardiac glycosides who are also administered ephedrine

Revised: 9/2024

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# **FULL PRESCRIBING INFORMATION** INDICATIONS AND USAGE

## Ephedrine Sulfate Injection is indicated for the treatment of

clinically important hypotension occurring in the setting of anesthesia. DOSAGE AND ADMINISTRATION

# **General Dosage and Administration Instructions**

## Ready to Use formulation. Do not dilute.

Inspect parenteral drug products visually for particulate matter and discoloration prior to administration, whenever solution and container permit. Ephedrine Sulfate Injection is a clear, colorless solution. Do not use if discolored.

Dosing for the Treatment of Clinically Important

## Hypotension in the Setting of Anesthesia The recommended dosages for the treatment of clinically

important hypotension in the setting of anesthesia is an initial dose of 5 mg to 10 mg administered by intravenous bolus. Administer additional boluses as needed, not to exceed a total dosage of 50 mg. Adjust dosage according to the blood pressure goal (i.e., titrate

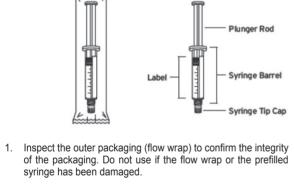
2.3 Instructions for Use of Single-Dose Prefilled Syringe

## **INSTRUCTIONS FOR USE Important Administration Information**

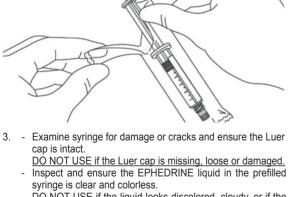
Ephedrine Sulfate Injection is administered undiluted by slow intravenous injection.

- The syringe should be administered with clean gloved hands.
- Check the compatibility of Ephedrine Sulfate Injection with all other medications and any intravenous fluids the patent is currently receiving. This product is for single dose only; discard unused portion. Do not introduce any other fluid into the syringe at any time.
- Do not re-sterilize the syringe. Do not use this product on a sterile field.
- Figure 1: Outer Packaging and Prefilled Syringe

Outer Package (Flow wrap)

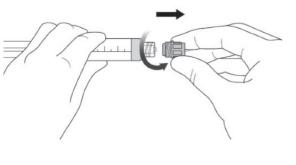


- 2. Remove the syringe from the outer packaging. (See Figure 2) Figure 2



- DO NOT USE if the liquid looks discolored, cloudy, or if the liquid contains any particulate matter. Check the expiration date on the syringe and confirm product
  - has not expired. DO NOT USE if the expiration date has passed.
  - Check the intravenous site for signs of infiltration from fluid or medications leaking into surrounding tissue. If signs of infiltration are observed, existing IV administration should
  - be discontinued. A new IV administration site should be Thoroughly cleanse the injection port closest to the patient with
- alcohol prep pad. Push plunger rod slightly to break stopper loose while tip cap is
- Figure 3

Twist the tip cap to open. (Figure 3).



Remove air from the syringe if necessary. - With the tip of the syringe pointing up, tap the syringe barrel to make

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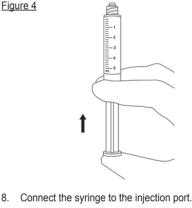
Pharmacokinetics

air bubbles rise to the top.

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

\*Sections or subsections omitted from the full prescribing information are not

Expel air and excess medication by pushing the plunger up until the edge of the plunger is at the graduation mark that corresponds to volume of the prescribed dose. (Figure 4).



- If the intravenous line does not have a backflow protection, pinch/clamp the intravenous tubing between intravenous bag
- and injection port. 10. Press down on the plunger of the prefilled syringe to administer
- the medication by intravenous bolus. Inject 5 mg to 10 mg by intravenous bolus at a time. Adjust dosage according to the blood pressure goal (i.e., titrate to effect).
- DO NOT exceed a total dosage of 11. Remove the syringe from injection port.
- 12. If necessary, release the pinched intravenous tubing ensuring
- continuous flow of intravenous fluid. Alternatively, manually flush the line after administration of Ephedrine Sulfate Injection so there is no residual drug in the
- intravenous tubing. 13. Dispose of used syringe. Safely throw away syringe(s) immediately after use into an appropriate medical waste

report SUSPECTED ADVERSE REACTIONS, contact Fresenius Kabi USA, LLC at 1-800-551-7176 or FDA at

For more information concerning this drug, please call Fresenius

1-800-FDA-1088 or www.fda.gov/medwatch. DOSAGE FORMS AND STRENGTHS Ephedrine Sulfate Injection, USP, 5 mg/mL is a clear, colorless

#### solution available in: a single-dose, 10 mL prefilled syringe that contains 50 mg/10 mL

Kabi USA, LLC at 1-800-551-7176.

ephedrine sulfate, equivalent to 38 mg ephedrine base; a single-dose, 5 mL prefilled syringe that contains 25 mg/5 mL ephedrine sulfate, equivalent to 19 mg ephedrine base.

CONTRAINDICATIONS

#### 5 WARNINGS AND PRECAUTIONS

**Pressor Effect with Concomitant Oxytocic Drugs** Serious postpartum hypertension has been described in patients who received both a vasopressor (i.e., methoxamine, phenylephrine,

None

# ephedrine) and an oxytocic (i.e., methylergonovine, ergonovine) [see Drug Interactions (7)]. Some of these patients experienced a stroke. Carefully monitor the blood pressure of individuals who have

received both ephedrine and an oxytocic. Tolerance and Tachyphylaxis Data indicate that repeated administration of ephedrine can result in tachyphylaxis. Clinicians treating anesthesia-induced hypotension with Ephedrine Sulfate Injection should be aware of the possibility of tachyphylaxis and should be prepared with an alternative pressor

5.3 Risk of Hypertension When Used Prophylactically When used to prevent hypotension, ephedrine has been associated with an increased incidence of hypertension compared with when ephedrine is used to treat hypotension.

# **ADVERSE REACTIONS**

The following adverse reactions associated with the use of ephedrine sulfate were identified in the literature. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to estimate their frequency reliably or to establish a causal relationship to drug exposure.

Gastrointestinal disorders: Nausea, vomiting

Psychiatric disorders: Restlessness

reactive hypertension, bradycardia, ventricular ectopics, R-R variability Nervous system disorders: Dizziness

Cardiac disorders: Tachycardia, palpitations (thumping heart),

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Interact	ions that Augment the Pressor Effect		
Oxytocin and o	xytocic drugs		
Clinical Impact:	Serious postpartum hypertension has been described in patients who received both a vasopressor (i.e., methoxamine, phenylephrine, ephedrine) and an oxytocic (i.e. methylergonovine, ergonovine). Some of these patients experienced a stroke.		
Intervention:	Carefully monitor the blood pressure of individuals who have received both ephedrine and an oxytocic.		
Clonidine, prop atropine	ofol, monoamine oxidase inhibitors (MAOIs		
Clinical Impact:	These drugs augment the pressor effect of ephedrine.		
Intervention:	Carefully monitor the blood pressure of individuals who have received both ephedrinand any of these drugs.		
Interaction	ons that Antagonize the Pressor Effect		
Clinical Impact:	These drugs antagonize the pressor effect of ephedrine.		
Intervention:	Carefully monitor the blood pressure of individuals who have received both ephedrine and any of these drugs.		
Examples:	α-adrenergic antagonists, $β$ -adrenergic receptor antagonists, reserpine, quinidine, mephentermine		
	Other Drug Interactions		
Guanethidine			
Clinical Impact:	Ephedrine may inhibit the neuron blockage produced by guanethidine, resulting in loss of antihypertensive effectiveness.		
Intervention:	Clinician should monitor patient for blood pressor response and adjust the dosage or choice of pressor accordingly.		
Rocuronium			
Clinical Impact:	Ephedrine may reduce the onset time of neuromuscular blockade when used for intubation with rocuronium if administered simultaneously with anesthetic induction.		
Intervention:	Be aware of this potential interaction. No treatment or other interventions are needed.		
Epidural anesth	nesia		
Clinical Impact:	Ephedrine may decrease the efficacy of epidural blockade by hastening the regression of sensory analgesia.		
Intervention:	Monitor and treat the patient according to clinical practice.		
Theophylline			
Clinical Impact:	Concomitant use of ephedrine may increase the frequency of nausea, nervousness, and insomnia.		
	irequency of flausea, flervousiless, and insomina.		

#### **USE IN SPECIFIC POPULATIONS** 8

arrhythmias

# 8.1 Pregnancy

Clinical Impact:

Intervention:

# Risk Summary

Available data from randomized studies, case series, and reports of ephedrine sulfate use in pregnant women have not identified a drug-associated risk of major birth defects, miscarriage, or adverse maternal or fetal outcomes. However, there are clinical considerations (see Clinical Considerations). In animal reproduction studies, decreased fetal survival and fetal body weights were observed in the presence of maternal toxicity after normotensive pregnant rats were administered 60 mg/kg intravenous ephedrine sulfate (12 times the maximum recommended human dose (MRHD) of 50 mg/day). No malformations or embryofetal adverse effects were observed when pregnant rats or rabbits were treated with intravenous bolus doses of ephedrine sulfate during organogenesis at doses 1.9 and 7.7 times the MRHD, respectively (see Data).

Giving ephedrine with a cardiac glycoside

who are also administered ephedrine

such as digitalis, may increase the possibility of

Carefully monitor patients on cardiac glycosides

for the indicated population are unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 to 4% and 15 to 20%, respectively.

The estimated background risk of major birth defects and miscarriage

## Clinical Considerations Disease-associated maternal and/or embryofetal risk

Untreated hypotension associated with spinal anesthesia for

cesarean section is associated with an increase in maternal nausea and vomiting. A decrease in uterine blood flow due to maternal hypotension may result in fetal bradycardia and acidosis. Fetal/Neonatal Adverse Reactions

# Cases of potential metabolic acidosis in newborns at delivery with

maternal ephedrine exposure have been reported in the literature. These reports describe umbilical artery pH of ≤7.2 at the time of delivery [see Clinical Pharmacology (12.3)]. Monitoring of the newborn for signs and symptoms of metabolic acidosis may be required. Monitoring of infant's acid-base status is warranted to ensure that an episode of acidosis is acute and reversible.

Data

# Animal Data

# Decreased fetal body weights were observed when pregnant rats

were administered intravenous bolus doses of 60 mg/kg ephedrine sulfate (12 times the maximum recommended human dose (MRHD) of 50 mg based on body surface area) from Gestation Day 6-17. This dose was associated with evidence of maternal toxicity (decreased body weight of dams and abnormal head movements). No malformations or fetal deaths were noted at this dose. No effects on fetal body weight were noted at 10 mg/kg (1.9 times the MRHD of 50 mg). No evidence of malformations or embryo-fetal toxicity were noted in pregnant rabbits administered intravenous bolus doses up to

20 mg/kg ephedrine sulfate (7.7 times the maximum recommended human dose (MRHD) of 50 mg based on body surface area) from Gestation Day 6-20. This dose was associated with expected pharmacological maternal effects (increased respiration rate, dilated pupils, piloerection). Decreased fetal survival and body weights in the presence of

maternal toxicity (increased mortality) were noted when pregnant dams were administered intravenous bolus doses of 60 mg/kg epinephrine sulfate (approximately 12 times the MRHD based on body surface area) from GD 6 through Lactation Day 20. No adverse effects were noted at 10 mg/kg (1.9 times the MRHD). 8.2 Lactation

#### Risk Summary A single published case report indicates that ephedrine is present

in human milk. However, no information is available on the effects of the drug on the breastfed infant or the effects of the drug on milk production. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for Ephedrine Sulfate Injection and any potential adverse effects on the breastfed child from Ephedrine Sulfate Injection or from the underlying maternal condition.

8.4 Pediatric Use Safety and effectiveness in pediatric patients have not been established.

**Animal Toxicity Data** In a study in which juvenile rats were administered intravenous bolus doses of 2, 10, or 60 mg/kg ephedrine sulfate daily from Postnatal Day 35 to 56, an increased incidence of mortality was

noted at the high dose of 60 mg/kg. The no-adverse-effect level was 10 mg/kg (approximately 1.9 times a maximum daily dose of 50 mg in a 60 kg person based on body surface area). **Geriatric Use** Clinical studies of ephedrine did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience

has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic,

renal, or cardiac function, and of concomitant disease or other drug therapy. This drug is known to be substantially excreted by the kidney, and the risk of adverse reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function.

## 8.6 Renal Impairment

Ephedrine and its metabolite are excreted in urine. In patients with renal impairment, excretion of ephedrine is likely to be affected with a corresponding increase in elimination half-life, which will lead to slow elimination of ephedrine and consequently prolonged pharmacological effect and potentially adverse reactions. Monitor patients with renal impairment carefully after the initial bolus dose for adverse events.

### OVERDOSAGE

Overdose of ephedrine can cause a rapid rise in blood pressure. In the case of an overdose, careful monitoring of blood pressure is recommended. If blood pressure continues to rise to an unacceptable level, parenteral antihypertensive agents can be administered at the discretion of the clinician.

# DESCRIPTION

Ephedrine is an alpha- and beta-adrenergic agonist and a norepinephrine-releasing agent. Ephedrine Sulfate Injection, USP 5 mg/mL is a clear, colorless, sterile, ready-to-use solution for intravenous injection. The chemical name of ephedrine sulfate is benzenemethanol,  $\alpha$ -[1-(methylamino)ethyl]-, [R-( $R^*$ , $S^*$ )]-, sulfate (2:1) (salt), and the molecular weight is 428.5 g/mol. Its molecular formula is  $(C_{10}H_{15}NO)_2 \cdot H_2SO_4$  and its structural formula is depicted below:

Ephedrine sulfate is freely soluble in water and ethanol, very slightly soluble in chloroform, and practically insoluble in ether. Each mL contains ephedrine sulfate 5 mg (equivalent to 3.8 mg ephedrine base), sodium chloride 8.6 mg, trisodium citrate dihydrate 1.25 mg, citric acid anhydrous 0.25 mg and sodium hydroxide and/or glacial acetic acid for pH adjustment, if necessary. The pH range is 5.0 to 7.0.

# 12 CLINICAL PHARMACOLOGY

# 12.1 Mechanism of Action

Ephedrine sulfate is a sympathomimetic amine that directly acts as an agonist at  $\alpha$ - and  $\beta$ -adrenergic receptors and indirectly causes the release of norepinephrine from sympathetic neurons. Pressor effects by direct alpha- and beta-adrenergic receptor activation are mediated by increases in arterial pressures, cardiac output, and peripheral resistance. Indirect adrenergic stimulation is caused by norepinephrine release from sympathetic nerves.

# 12.2 Pharmacodynamics

Ephedrine stimulates heart rate and cardiac output and variably increases peripheral resistance; as a result, ephedrine usually increases blood pressure. Stimulation of the α-adrenergic receptors of smooth muscle cells in the bladder base may increase the resistance to the outflow of urine. Activation of β-adrenergic receptors in the lungs promotes bronchodilation.

The overall cardiovascular effect from ephedrine is the result of a balance among  $\alpha\text{-1}$  adrenoceptor-mediated vasoconstriction,  $\beta\text{-2}$ adrenoceptor-mediated vasoconstriction, and  $\beta$ -2 adrenoceptor-mediated vasodilatation. Stimulation of the  $\beta$ -1 adrenoceptors results in positive inotrope and chronotrope action.

Tachyphylaxis to the pressor effects of ephedrine may occur with repeated administration [see Warnings and Precautions 5.2].

# 12.3 Pharmacokinetics

Publications studying pharmacokinetics of oral administration of (-)-ephedrine support that (-)-ephedrine is metabolized into norephedrine. However, the metabolism pathway is unknown. Both the parent drug and the metabolite are excreted in urine. Limited data after IV administration of ephedrine support similar observations of urinary excretion of drug and metabolite. The plasma elimination half-life of ephedrine following oral administration was about 6 hours. Ephedrine crosses the placental barrier [see Use in Specific

Populations 8.1].

# NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility Carcinogenesis: Two-year feeding studies in rats and mice conducted

under the National Toxicology Program (NTP) demonstrated no evidence of carcinogenic potential with ephedrine sulfate at doses up to 10 mg/kg/day and 27 mg/kg/day (approximately 2 times and 3 times the maximum human recommended dose on a mg/m<sup>2</sup> basis, respectively). Mutagenesis: Ephedrine sulfate tested negative in the in vitro

bacterial reverse mutation assay, the in vitro mouse lymphoma assay, the in vitro sister chromatid exchange, the in vitro chromosomal aberration assay, and the in vivo rat bone marrow micronucleus assav. Impairment of Fertility: There was no impact on fertility or early

embryonic development in a study in which male rats were administered intravenous bolus doses of 0, 2, 10, or 60 mg/kg ephedrine sulfate (up to 12 times the maximum recommended human dose of 50 mg based on body surface area) for 28 days prior to mating and through gestation and females were treated for 14 days prior to mating through Gestation Day 7.

# 14 CLINICAL STUDIES The evidence for the efficacy of ephedrine injection is derived

from the published literature. Increases in blood pressure following administration of ephedrine were observed in 14 studies, including 9 where ephedrine was used in pregnant women undergoing neuraxial anesthesia during Cesarean delivery, 1 study in nonobstetric surgery under neuraxial anesthesia, and 4 studies in patients undergoing surgery under general anesthesia. Ephedrine has been shown to raise systolic and mean blood pressure when administered as a bolus dose following the development of hypotension during anesthesia. 16 HOW SUPPLIED/STORAGE AND HANDLING

## Ephedrine Sulfate Injection, USP 5 mg/mL (equivalent to 3.8 mg/ mL ephedrine base), is a clear, colorless solution and is supplied

as follows: Strength Product **Unit of Sale** Each

	Code					
	RF382505	NDC 65219-546-05 Unit of 10	25 mg/5 mL (5 mg/mL)	NDC 65219-546-01 5 mL Single-Dose Prefilled Syringe This product contains an RFID.		
	RF386510	NDC 65219-548-10 Unit of 10	50 mg/10 mL (5 mg/mL)	NDC 65219-548-01 10 mL Single- Dose Prefilled Syringe This product contains an RFID.		
	Syringe plunger stoppers and Luer lock tip caps are not					

manufactured with natural rubber latex. Store Ephedrine Sulfate Injection, USP 5 mg/mL at 20°C to 25°C (68°F to 77°F); excursions permitted to 15°C to 30°C (59°F to 86°F) [see USP Controlled Room Temperature]. Store in carton until time of use. For single use only. Discard unused portion. Protect from Light

Contains No Preservatives Manufactured for:

**FRESENIUS KABI** Lake Zurich, IL 60047

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